



Cardiff Tasting Tour

10 30 – 14 30

A delicious tour of Cardiff

“This is a must for anyone interested in Cardiff and Welsh food. Our host knew everything there was to know about the city and took us to some great locations. A thoroughly enjoyable day out!”

Cardiff has a thriving food scene – Welsh signature foods, ethnic and continental foods, markets and festivals. Our Cardiff Tasting Tour takes you around the city centre calling in to specialist food producers, cafes, retailers & the lively Cardiff indoor market. The menu includes a variety of tastings – Welshcakes, continental meats, cheeses, cockles, laverbread and Welsh beverages – you won’t need lunch after the tour!

We walk around the city centre passing beautiful parks, majestic civic centre buildings and key landmarks including Cardiff Castle and the Principality Stadium, ‘the home of Welsh rugby’. You’ll get to discover the wide variety of cafes, pubs, restaurants, shops and boutiques so you can plan your visit to include the best food & drink, sightseeing & shopping.

The Loving Welsh Food guide will share his/her stories with you and offer you a unique and personal tour of Cardiff, its history and people. You’ll also learn a few words of Welsh along the way.

By booking a private tour, we can tailor the itinerary above to suit your requirements. Timings can be flexible and tastings can also be amended. Give us a call or email us and we can work out the ideal Tasting Tour for you.

Choice of dishes vary according to seasonality. Venues vary according to the day of the week. Cancellations made three weeks prior to the scheduled tour date are fully refundable. Our tours run regardless of weather conditions – rain, hail or shine!

Tasting Venue no 1

Fabulous Welshcakes - you can't beat the taste of a simple, freshly baked, crumbly, buttery welshcake, made by hand and with great pride in this small Fabulous Welshcakes bakery

Tasting Venue no 2

Bird & Blend

An eco conscious, independent, people-focused, award winning Tea Mixology Company on a mission to spread happiness & reimagine tea!

Tasting Venue no 3

A Cardiff institution – Wally's Delicatessen and Kaffée is the premier delicatessen in Wales, specialising in fine foods from around the world.

Tasting Venue no 4

Eleven's Bar & Grill -

International football player Gareth Bale's premium City Centre Sports Bar in the heart of his hometown, Cardiff.

Tasting Venue no 5

Family-owned E. Ashtons is one of the largest fish retail outlets in the United Kingdom, employing around 25 staff offering a variety of local and international fish and seafood.

Tasting Venue no 6

Market Deli, Cardiff Market

-Family run deli in Cardiff Market. A friendly bunch serving the freshest

Tasting venue no 7

Bar 44 A former canal warehouse, Bar 44 brings a taste of sunny Spain to the Welsh capital.

Plus 1 surprise tasting!