

A scenic view of a coastline with a blue sea, a white boat, and a small structure in the water, framed by a green border. The word "respirer" is written in a large, white, serif font across the center of the image.

*respirer*



**28 Maddy Polomeni**

En balade aux Adrets

**30 Mont Vinaigre**

La Vigie de l'Estérel

**32 Randonnées**

Objectif : panoramas

**34 Corniche d'or**

A l'abordage  
des calanques