

SPECIFIC DISCLAIMER

Winter Ascents in the Vaji

Vaji activities involve climbing mountain gullies, often covered with snow, ice, and mixed terrain (rock, snow, frozen ground). These routes are characterised by steep slopes, confined spaces, and variable conditions, requiring the use of ropes, ice axes, crampons, and other specialised mountaineering equipment.

The environment in which the activity takes place is, by its very nature, harsh and potentially hostile. Risks include falling rocks or ice, slips, falls from height, avalanches or sluffs, sudden weather changes, cold-related injuries (such as hypothermia and frostbite), as well as the difficulty of retreat (in many cases, the only possible way out is at the top of the couloir).

What you need to know

Characteristics of the activity and appropriate measures to reduce specific risks

All participants must use technical equipment provided by Mmove® or their own certified equipment: helmet, harness, ropes, crampons, ice axes, belay devices, carabiners, and other necessary protective gear.

Mandatory personal clothing and equipment

In addition to technical gear, participants must have: thermal and waterproof clothing suitable for high-mountain winter environments, gloves, hat or balaclava, sunglasses or goggles, a backpack with food and at least one litre of water, and a head torch.

General safety information

Before the start of the activity, the Mmove® Mountain Guide will hold a safety briefing with specific instructions regarding the itinerary and the correct use of equipment. All participants must cooperate fully and follow every instruction given by the Guide.

Physical preparation and minimum requirements

A good general level of physical fitness is required, along with confidence in exposed terrain and no fear of heights. Depending on the chosen route, a basic knowledge of rope techniques and the use of ice axes and crampons may be necessary.

The use of drugs or the abuse of alcohol is strictly prohibited.

"I, the undersigned, with reference to the activity I have booked, hereby declare, having carefully read the information document and the following legal notes, the following:"

- I declare to have attentively read the disclaimer together with the specific document containing detailed information regarding the activity booked and the manner in which this activity will be carried out by the Mountain Guides of Mmove®.
- I also declare to have fully understood the contents of the disclaimer together with the specific document and to confirm I wish to participate in the above mentioned activity in the manner described in the documentation;
- I declare to be aware of the fact that the activity which I have agreed to take part in involves taking risks, only partly minimised by the presence of a Mountain Guide. Nevertheless, I am aware of the remaining risk, which can never be completely eliminated and I agree therefore not to bring any action against the Mountain Guides and/ or the organisation in case of accident;
- I agree and oblige myself to scrupulously abide by all the rules, instructions, indications, warnings given to me by the Mountain Guide, before, during and after the activity until return to base, and to abstain from any personal initiative, collaborating at all times for the successful outcome of the activity according to what was indicated and/or requested;
- I also agree from now on to accept and not question any eventual decisions by the Mountain Guide, to postpone, suspend or change the excursion, recognising forthwith the validity of the motive for such a choice;
- I agree and am obliged to take with me adequate clothing as described in the specific document, and also to wear and use all the material and equipment which the Mountain Guide gives me, following all the indications and instructions given. I declare I am aware of the risks arising from the use of the gear, which must follow the indications given but still under my own responsibility. I also agree to reimburse any possible damage caused by the improper use of the material supplied by the organisation;
- I also declare that I have adequate experience for the activity I have registered for, am of sound health and not affected by any physical pathologies which could influence the successful outcome of the activity or could prevent me from carrying out the activity or be worsened by the activity and/or cause the Mountain Guide to adopt any specific measures and provisions. In which case, I agree to make direct contact with the organisation at least 48 hours beforehand in order to permit Mmove to accept/refuse/modify my booking. In any case, I agree to accept the evaluation by the Mountain Guide as to my suitability or not to take part in the activity and/or the means to deal with any part of it;
- I am aware that during the transfers by minibus of the organisation it is obligatory to fasten seat belts and indemnify Mmove from the payment of any eventual fines from omitting to do so.
- I declare that I do not hold Mmove responsible for the theft or loss of any personal property left on board the organization's transport.
- I agree forthwith to the publication and use for publicity and/or promotional purposes on the part of Mmove of any video or photographs taken during the activity and depicting me.
- I agree not to use/divulge/circulate photographs/videos taken by me during the activity and depicting third parties/other participants without the permission of those involved;
- I also confirm that I authorise the management of my personal data under the terms of Legislative Decree No.196 of 30 June 2003